|  |  |
| --- | --- |
| **Controlling salt intake** | Description: Percentage of population who take specific action on a regular basis to control salt intake |
| Instrument question: D11a-f: Do you do any of the following on a regular basis to control your salt intake? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Limit consumption of processed foods** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 558 | 60.6 | 53.6 - 67.1 | 975 | 59.7 | 54.6 - 64.6 | 1533 | 60.0 | 55.9 - 64.0 |
| 30-44 | 607 | 61.3 | 54.8 - 67.4 | 1058 | 59.0 | 53.7 - 64.0 | 1665 | 59.8 | 55.8 - 63.8 |
| 45-59 | 278 | 59.8 | 47.6 - 70.9 | 452 | 59.5 | 49.1 - 69.0 | 730 | 59.6 | 52.0 - 66.7 |
| 45-69 | 242 | 62.0 | 54.3 - 69.2 | 427 | 62.4 | 56.3 - 68.2 | 669 | 62.3 | 57.5 - 66.8 |
| 60-69 | 115 | 62.1 | 41.5 - 79.1 | 260 | 66.2 | 55.3 - 75.7 | 375 | 64.5 | 53.8 - 73.9 |
| **Total** | **1800** | **60.9** | **56.8 - 64.8** | **3172** | **59.9** | **56.7 - 63.0** | **4972** | **60.3** | **57.8 - 62.7** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1018 | 66.9 | 61.2 - 72.1 | 1818 | 65.8 | 61.5 - 69.9 | 2836 | 66.2 | 62.8 - 69.4 |
| Urban | 782 | 53.4 | 47.6 - 59.1 | 1354 | 50.4 | 46.2 - 54.6 | 2136 | 51.7 | 48.3 - 54.9 |